



Easter 2026

The Passion and the Resurrection, a daily reality

We only need to pay passing attention to the news to realise that we are living through many difficult situations around the world, in the form of wars and armed conflicts. We cannot say that this leaves us unaffected, for the men and women who die or are maimed in these tragedies are part of the human race to which we all belong and which God once created in his own image and likeness.

We notice particularly at this time of year, when we as Christians are called to live and celebrate the Passion and Resurrection of Jesus. However, in reality, if we pay close attention, this Passion and Resurrection take place every day amongst so many brothers and sisters nailed by nails of intolerance for being “different” in the way they think, believe, or love, or pierced by the spear of indifference, by abuse or any form of violence. And, once again, Jesus is there, dying on the cross.

In the Gospel according to Matthew, Chapter 25, we read: ‘Whatever you did for one of the least of these, you did for me.’ That is why we know that to deprive a human being of food, respect or the basic conditions required for a dignified life is to inflict this suffering on Jesus himself. No more, no less.

Standing before Jesus on the cross, we fall silent and are deeply moved by the sight of a man unjustly condemned to death, mistreated and beaten, “like a lamb led to the slaughter”, trampled upon and mocked. Faced with this image, we cannot help but look away, so terrible is the sight. The blood gushing from the wounds caused by the crown of thorns and the blows he has received, the contorted position on the cross - almost lifeless - of a man struggling to breathe and on the verge of death. Let us contemplate this image once more.

For Christians, we contemplate God himself, who allows himself to be nailed to a cross out of Love. An unquenchable, total, infinite, universal love. “Forgive them, for they know not what they do.”

As we contemplate this, we may flee as his apostles did, or remain there, not knowing what to say, yet opening our arms in welcome at the foot of the cross, feeling forgiven. Then, a question emerges from the depths of our being: Lord, what do you want from me? What can I do for you?

And then: the waiting. Moments of doubt, fear and uncertainty. Faith wavers, and crisis strikes. But, on the morning of that third day, Mary Magdalene, 'the apostle of the apostles', witnessed the resurrection of Jesus. And, overflowing with emotion and contagious joy, she ran to announce it to the other disciples. He is risen! Jesus lives! And so, we open our hands once more and discover that this is the cornerstone of our faith. The Resurrection of Jesus and our own resurrection with his. God has conquered sin, death and the cross. Pain will now never have the final word. And, we look at the world and also discover that Jesus rises again every day through so many gestures and acts of self-giving, service and love.

In our Faith and Light communities, every day and at every event and gathering we are called to live out the Cross and the Resurrection. Suffering and life - which seem unable to exist without one another. At Faith and Light, we are conscious of suffering, but we also know that celebration is an expression of joy at having been called together as a family.

Today, let us not forget all those who are crucified, in so many ways, nor all the resurrections. And, amongst them, Jesus Christ, who continues to die and rise again. Let us celebrate him at this time and every day of our lives.

Happy Easter!
United in Jesus.

Raúl Izquierdo García
International Coordinator
of Faith and Light

